A BRIEF LESSON ON SOUTHEAST ASIAN AMERICAN HISTORY

U.S. INVOLVEMENT IN SOUTHEAST ASIA
The United States launched several official and secret wars in Southeast Asia to combat the spread of communism. This results in destabilizing those living in Vietnam, Cambodia, and Laos.

“From 1964 - 1973, the U.S. dropped bombs into Laos every 8 minutes, 24 hours a day, for 9 years, in the secret war.”

THE KILLING FIELDS OF CAMBODIA
After the United States left, the Khmer Rouge rose to power. About a quarter of the entire population of Cambodia perished in the genocide.

REFUGEE RESETTLEMENT IN THE U.S.
Southeast Asians resettle in mostly poor areas in the United States, with many Cambodians resettling in Long Beach. They faced many struggles navigating their new lives in the U.S.

PRESENT DAY
Khmer Girls in Action was founded in 1997 and organizes youth for gender, racial, and economic justice.

2011 Participatory Action Research Report: “Step Into Long Beach”
2012-2016 Youth at the CORE campaign which resulted in winning a school-based wellness center.
WHAT ARE SOME GENDER ROLES AND EXPECTATIONS FOR WOMEN?
WRITE THEM IN THE SPACE BELOW!
What do you deserve in a healthy relationship?

Fill in the hearts with a partner or friend!

I have a right to be heard.

I have a right to be treated as an equal, loved, respected, and understood.

I have a right to my own privacy & space, and to spend time with whomever I choose.

I have a right to make my own decisions.

I have a right to say, "No!"
MAMA’S DAY COUPONS

I WILL COME OUTSIDE MY ROOM FOR YOU.

I WILL CLEAN THE HOUSE FOR YOU.

GOOD FOR ONE MASSAGE.

I WILL PULL OUT YOUR WHITE HAIRS FOR YOU.

I WILL CLEAN THE DISHES.

I WILL ENJOY THE PARK WITH YOU.

COUPONS MUST BE COLORED TO BE IN EFFECT.
COUPONS CAN BE USED AT ANY TIME, ARE ONE-TIME USE, AND CANNOT BE REPRODUCED!

GIVE IT TO YOUR MAMA!

Coupons must be colored to be in effect.
Coupons can be used at any time, are one-time use, and cannot be reproduced!

Give it to your mama!
KEEP THE TRADITION!
WOMEN
not just
WORKERS
# BINGO:
**YOUNG SOUTHEAST ASIAN AMERICAN WOMEN EDITION**

(Color in the square if you’ve ever experienced it (or something similar) before!

Once you get bingo, share with us with the hashtag #INHERBLOOMING & we’ll flip tables on your behalf!

<table>
<thead>
<tr>
<th>Ling Ling</th>
<th>Well actually</th>
<th>What do you know</th>
<th>What’s a Khmer</th>
<th>Can’t copy</th>
<th>Are you good at math</th>
</tr>
</thead>
<tbody>
<tr>
<td>You’re too young</td>
<td>You look better long hair</td>
<td>Ew what are you eating</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Can you teach me bad words</td>
<td>I don’t like your grades</td>
<td>Free space</td>
<td>No too dangerous</td>
<td>Why can’t Asians</td>
<td></td>
</tr>
<tr>
<td>Are you Cambodian or Asian</td>
<td>How tall are you</td>
<td>Can I try your grades</td>
<td>Where are you from</td>
<td>That is not like a lady</td>
<td></td>
</tr>
<tr>
<td>You must be on your period</td>
<td>You’re too dark</td>
<td>Go back to the rice fields</td>
<td>When you graduate &amp; enter the real world</td>
<td>Open your eyes</td>
<td></td>
</tr>
</tbody>
</table>
ABOUT KHMER GIRLS IN ACTION

MISSION
Khmer Girls in Action (KGA) is a community-based organization whose mission is to build a progressive and sustainable Long Beach community that works for gender, racial and economic justice led by Southeast Asian young women.

VISION
Our vision is a safe, healthy and just world where all people are free from oppression and are able to determine their lives and communities.

VALUES
Our organization is guided by the following set of values:

- Grassroots Community Organizing to Achieve Social Change
- Community Linkages and Engagement
- Full Participation of Young Women at All Levels of the Organization
- Self Determination for Marginalized Communities
- Wellness and Healing
- Safety and Freedom from Violence

For more information, visit our website at www.kgalb.org.

ABOUT THE INHER BLOOMING COLORING BOOK
This coloring book was created by the Young Women’s Empowerment Program (YWEP) 2016-2017. YWEP is one of KGA’s leadership development programs and works with 9th & 10th grade young Southeast Asian women to build sisterhood; explore identity; examine systems of oppression such as sexism, racism, and classism; and develop as leaders to create positive change in the Long Beach community.

This coloring book is an expression of what we have learned together. It is by no means an exhaustive list of our experiences, and does not reflect the views or experiences of all young Southeast Asian women. However, it was created with love and hope, for and by young Southeast Asian American women, so we hope you love it, too!

SHARE YOUR EXPERIENCE WITH US!
We would love to hear how you enjoy the coloring book! Take a picture or write a reflection and share with us, either by tagging us on social media (listed below), using the hashtag #InHerBlooming, or contacting us through e-mail at justice@kgalb.org.

FOLLOW US ON SOCIAL MEDIA!
facebook /kgalb
instagram @kgalongbeach
twitter @kgalb
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CHELSEA CHHEM
MAGGIE QUAN
RAINEY IEM
SERENA IER

SPECIAL THANKS TO
KGA STAFF
OUR FAMILIES
OUR COMMUNITIES

INSPIRATION DRAWN FROM:
RADICAL FEMINIST COLORING BOOK by Tia Katrina Taruc Canlas at the Alipato Project
FEMINIST ACTIVITY BOOK by Gemma Correll
BUN B’S RAP COLORING AND ACTIVITY BOOK by Shea Serrano and Bun B
about the authors

audrey deth
age: 15
favorite boba drink: taro milk tea
favorite family-owned restaurant: phnom penh noodle shack
hobbies: photography
what empowers me as a young southeast asian woman is: my resilience.

chansonita set
age: 15
favorite boba drink: any milk teas
hobbies: swimming

chelsea chhem
age: 14
favorite boba drink: taro
hobbies: drawing, photography, and memes
what empowers me as a young southeast asian woman is: knowing that my ancestors have gone so far to make sure I had a bright future it is my duty to be the best I can be for myself and them.

emily chan
age: 14
favorite boba drink: thai tea boba
hobbies: dancing

jannine ek
age: 15
favorite boba drink: milk tea
hobbies: dancing and singing
what empowers me as a young southeast asian woman are: leadership and hard work. I support my own community and I know my history! I am confident and I can make changes in our community.

josephine mam
age: 15
favorite boba drink: honey milk tea
favorite family-owned restaurant: crystals
hobbies: watching netflix

kayleenn
age: 14
favorite boba drink: taro milk tea
favorite family-owned restaurant: salo salo
what empowers me as a young southeast asian woman is: that I get to speak or know the untold stories behind us & am able to share it to those that don’t. Also having the voice for others that are like me who I can help speak for because they can’t themselves.
korapin bhaoprasirt
age: 15
favorite boba drink: milk tea
hobbies: listening to music
what empowers me as a young southeast asian woman is: I know that my family sacrificed everything they had so we can have a better future. It gives me a clear definition of unconditional love.

lennie chov
age: 14
favorite boba drink: thai tea
hobbies: hanging out with friends and family
what empowers me as a young southeast asian woman is: I come from a city where there are a lot of southeast asian folks, and it’s nice to have a community that can stand up for each other and have similar experiences.

maggie quan
age: 25
favorite boba drink: honey milk tea
favorite family-owned restaurant: com tam thuan kieu
hobbies: kpop, eating, reading and sleeping
what empowers me as a young southeast asian woman are: my history, that others have sacrificed for me to be here, my ancestors, and my community’s resilience.

maliyah chin
age: 14
favorite boba drink: milk tea boba
what empowers me as a young southeast asian woman is: knowing that I have other peers that sorta have the same background as me, therefore we can talk about with our being awkward.

mayoree mann
age: 16
favorite boba drink: thai iced tea
favorite family-owned restaurant: royal bamboo stix
hobbies: singing
what empowers me as a young southeast asian woman are: support and knowing that there are people who have my back.

mellanie than
age: 14
favorite boba drink: blackout
hobbies: singing, dancing, and playing lacrosse.
what empowers me as a young southeast asian woman is: knowing that I have a long list of ancestors that had to go through the khmer rouge to get me to where I am today. They faced so many hardships but never gave up.

nikki tang
age: 15
favorite boba drink: almond milk tea
what empowers me as a young southeast asian woman is: being able to represent who I am as a person and not be afraid to show who I really am.

rainey iem
age: 15
favorite boba drink: oreo or green tea smoothie
hobbies: drawing
what empowers me as a young southeast asian woman is: I’m different and I don’t go by beauty standards :)

serena ier
age: 14
favorite boba drink: milk tea
favorite family-owned restaurant: hak heang
hobbies: art